

	Develops hand-eye co-ordination	Physical Development	Builds fine-motor skills	
Teaches about sequencing and patterns		Improves body control, poise, balance and co-ordination		Explores colour, shape and texture in two and three dimensions
Mathematical Development	Offers opportunities for counting, measuring and sorting		Use of different media and material fosters imagination	Creative Development
Develops the concepts of size and shape				Focus on process over product enables individual interpretations
Encourages representational play and story-telling				Informal context encourages confidence in communicating
Knowledge and Understanding of The World	Enables risk-taking and experimenting in a safe environment		Provides exposure to a rich and varied vocabulary	Communication, Language and Literacy
Teaches cause and effect		Fosters children's natural curiosities		Provides opportunities for mark-making
	Encourages a positive attitude to new experiences	Personal, Social and Emotional Development	Builds independence through choice	 <small>play • explore • create • learn</small>

The Many Benefits of Messy Play